

RAINBOW MESSENGER
AUGUST, 2006

DAILY ACTIVITIES:



- **WALKING** - In climate-controlled banquet room, twenty-five (25) laps equals a mile



- **Outside Walking Trail** - 1/3 Mile



- **FITNESS ROOM** - Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS** - Card tables available for your use on a daily basis.



- **BILLIARDS/POOL** - Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 p.m. to 3:45 p.m.



- **COMPUTER LAB** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer questions. Come in and let them help you out!!

REGULAR SCHEDULED ACTIVITIES:



- **EXERCISE CLASS** meets Monday and Thursday mornings at 9:00 a.m. We'll meet upstairs on Thursday, August 3rd. On Monday, August 7th we'll start meeting in the lower level again.



- **CRAFTY CREW** will meet on Tuesday mornings from 9:00 a.m. to 12:00 noon. Look forward to seeing you with all of your ideas.



- **LINE DANCE LESSONS: 6:30-8:00 p.m. on Wednesdays in August.** Cost of the session is \$3.00. Please wear tennis shoes.
 - **September** we'll be having an advanced and beginners' line dancing class. The advanced class will be from 6:00 p.m. to 7:30 p.m. and beginners class from 7:30 p.m. to 9:00 p.m. If you have any questions, please feel free to call: 482-4455.



- **SINGING SENIORS** meet Friday mornings at 10:00 a.m. at the Arnold F. Habig Community Center. We will be singing at The Waters of Huntingburg on **Friday, August 18th at 10:00 a.m.** All voices are welcome!!

- **BINGO** will be held on **Tuesdays, August 8th, 22nd and the 29th** with games beginning at 12:00 noon. We ask you to keep bills to \$5 and under or correct change. Thanks for your cooperation. Cost \$1.00 per card to play all 50 games. Beginning at 11:30 a.m. someone will be there to collect.

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- **QUILTING BEES** will be held on **Mondays, August 14th** and **August 28th** from 9 a.m. to 3 p.m. Lunch is furnished for all Quilters.



- **CARD TOURNEYS**
 - **Thursday, August 3rd** - Sheephead Tourney.
 - **Thursday, August 17th** - Euchre Tourney
 - **Thursday, August 31st** - Rum Tourney

Games start at 12:00 (noon), \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney.

Sheephead players – We are trying something different this month. The first person out scores 5 points and that game is over. The other points (3,1,0) will be determined by your score. You don't have to saw off this way. This is the way they play it at the Strassenfest Tourney. Come in and give it a try.

- **BLOOD PRESSURE CHECKS**



- **Tuesday, August 8th** from 11:30 to 12:00 noon at the Arnold F. Habig Community Center.

- **SUNDAYS:** Thanks in advance for volunteering to open the Center on Sundays. Volunteers are needed. A sign-up sheet is on the receptionist desk with open dates. Come in or call the Center at: 482-4455 to sign-up for a Sunday. The Center is open on Sundays from 1:00 to 4:00 p.m.
 - **To become more acquainted with our alarm system, come in at 1:00 p.m. on Tuesday, August 15th.** We will be glad to go over it with you. Hope this helps out.

- **SPECIAL ACTIVITIES**



- **The Lunch Bunch:** Join us for lunch at Los Bravos on **Thursday, August 10th** at 11:00 a.m. Lunch is dutch treat. Please call **reservations** in to the Center by **3:00 p.m. on Monday, August 7th.** We hope you'll join us!!!
- **CATERED MEAL:** **Thursday, August 24th** at **11:30 a.m.** join us for this month's meal catered by Sander Catering followed by musical entertainment. The menu for August is: Chicken, Cordon Bleu w/Noodles, Green Beans, Glazed Carrots, Sweet & Sour Tomatoes, Creamy Slaw, Dinner Rolls and Iced Tea. Cost of the meal is \$6.25 payable at the meal.
 - **Reservations are due by noon on Friday, August 11th.**
 - After the meal be sure to stay and hear our musical entertainment. We're sure you will love the surprise we have planned to entertain you!!!

- **TRIPS:**



- **2ND TRIP TO ELLIS PARK:** **Wednesday, August 23rd, leave the Jasper Armory at 10:00 a.m.** Pick-ups made in Huntingburg upon request. Sign-ups were held July 25th if you didn't get in, call in case we have any openings. **Money is due by 12 (noon) Friday, August 4th.** Cost of the trip is \$32.50 for transportation, seat and live racing schedule, buffet, iced tea, tax and gratuity. We'll stay for all the races. Seats are in the air conditioned Sky Theatre, like before.

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- **TERRE HAUTE, IN:** Join us for a trip to Terre Haute this month on **Wednesday, August 30th**. We will **leave from the Armory at 8:00 a.m.** We'll be touring Saint Mary-of-the-Woods and Terre Haute Brewing Co., Inc. plus stopping by the Big Peach Farm Market on the way home. We'll have lunch at Saint Mary's in their cafeteria, with selections of 3 hot entrees, deli bar, soup, a pizza bar and ice cream bar. We'll be eating in O'Shaughnessy dining hall then take our tour afterward. This tour will include: architectural highlights, a historical overview of the Woods, see Church of Immaculate Conception; hear about Mother Theodore Guerin, Founder who's to be Canonized this October. Afterward we're planning to stop at Terre Haute Brewing Co., Inc. This brewery is one of the oldest breweries running from 1837-1958 before re-opening a few years ago. They make 3 styles of beer plus Root Beer. They will give us a tour and tasting – if you don't like beer, you can try their root beer. On the way home we will stop at the Big Peach to stretch our legs and you can check out the various items they have in their Farmers Market. Cost of the trip is \$34.00. This includes: transportation, lunch and tour admissions.

- **Sign-Up starts at 7:30 a.m. by telephone on Wednesday, August 9th**. Each caller may sign up to 4 Dubois County Senior Citizens per phone call. Money is due by **3:00 p.m. on Monday, August 14th**.

- **MOVIE & POPCORN:** Be sure and come in this month for our Movie & Popcorn. It will be a surprise on **Monday, August 21st at 1:00 p.m.** Hope to see you here!!



Please give me some suggestions. Thank you!!

- **DISCUSSION GROUP:** **Wednesday, August 16th from 1:00 to 2:15 p.m.** the Discussion Group will meet. This month's topic will be **"HAVE MANNERS DIED?"** Come in and join us for this.



HAPPY AUGUST BIRTHDAYS!!

1 st	Clara Hurm
2 nd	Mary Johnson
3 rd	Charlene Cooper
6 th	Mick Gramelspacher
6 th	Bernie Schnell
10 th	Anna Marie Bohnert
13 th	Helen Newton
13 th	Alvina Schnell
14 th	Mary Lou Campbell
14 th	Bertha Brames
15 th	Anna Mae DeMotte – Heritage House
19 th	Mary Wirthwein
19 th	Fern Bonifer
19 th	Jerome Klein
20 th	Aggie Marks
23 rd	Ambrose Eckert
25 th	Anne Welp
29 th	Betty Heichelbech
30 th	Mary Fuhs

- **AARP NEWS:** The Dubois County Chapter #1953 will meet at the Arnold F. Habig Community Center on August 9th. This is our Membership meeting. We will have a catered meal. Cost of the meal is \$6.00 each and Sander Catering will be catering our meal. Please make reservations by calling Alice Apple – 482-3024 or Bernice Kluemper – 482-6557. Our entertainment for the afternoon will be Hilary Begle.